you are in a garden, alone once, your siblings filled this space, full of noise and industry but now you are alone once, your mother sat, waiting for you to come home with the setting sun but now you are alone once, your life was filled with pollen, and the promise of continuance but now you wait to be no more

everyone i know is dead

find your garden, ideally empty but for yourself close your eyes and imagine being surrounded by your loved ones squeeze your eyes tight until they begin to ache slightly burst them open, and see that you are alone try, and fail, to picture your family where you imagined them

become aware: is there waste where there shouldn't be? recover it, placing it in a bin imagine the human who carelessly discarded it as it slips from your fingers imagine the face who murdered your mother through apathy let it go you are alone become aware: is there a flower in bloom? smell it, breathing deep imagine the flavours that roll from the aroma imagine the delight of spreading it to other gardens let it go you are alone

become aware: is there a noise that shouldn't be? listen closely, ignoring everything else imagine the laughter of your siblings as they beat their wings imagine that love being replaced by mechanical droning let it go you are alone

become aware: are members of a family, other bees, dancing in the garden? if there are, recognise that you have imagined them, for you are alone if there aren't, recognise that you must accept the truth, for you are alone you are alone

lay upon the grass close your eyes rest, sleep, if you can you are alone

written by ben scerri @Ben_Scerri with the Mama Script typeface

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it's going to be ok